



### ***UK Scrambling Grades explained:***

**Grade 1:** Most hillgoers will find this grade straightforward. The hands will be needed for progress on occasion, but the holds will be large and the moves not difficult. There will be some exposure, but not too much! A rope is not usually expected to be used. e.g. CMD Arete, Ben Nevis

**Grade 2:** More serious scrambles requiring sustained use of hands for movement, with perhaps considerable exposure. Many hillgoers are likely to feel reassured by a safety rope for some sections, particularly in suboptimal conditions (rain, wind) e.g. Aonach Eagach, Glen Coe.

**Grade 3:** Advanced scrambles involving trickier moves with significant exposure. Most hillgoers should expect to use a rope for some/all of the scrambling, and this grade of scramble overlaps with the easiest rock-climbing grade. e.g. Curved Ridge, Glen Coe

